

## Australian Kendo Renmei – Jodo Board

### 2008 WRITTEN EXAMINATION – JODO SHINSA QUESTIONS

Applicant's Name (*print legibly*):

State Renmei:

Dojo:

Birthday:

Age:

***Each applicant testing for Shodan and above is required to answer two of the test questions given for the rank they are testing for. Please answer them by writing (clearly/legibly) in English. You may use the backside of this paper or a separate sheet. If using a separate sheet please insure the information above is on your answer sheet.***

#### **Shodan candidates:**

- 1: Explain the advantage of the Jo over the Katana.
- 2: State the purpose of learning Jodo.
- 3: Is it important, or is it not important to participate in Jodo Competitions? Explain your rationale.
- 4: Discuss *metsuke*.

#### **Nidan candidates:**

- 1: What are the important points for beginners instruction
- 2: Give a brief summary of the term “Ma-ai” as it is applied in Jodo.
- 3: Discuss the concept of *zanshin*. Describe it's use in at least one All Japan Kendo Federation Jodo kata.
- 4: Explain the proper way of gripping the bokken when cutting.

#### **Sandan candidates:**

- 1: List the names of all 12 All Japan Kendo Federation Jodo katas.
- 2: Give an explanation of “Zanshin”.
- 3: List key procedures and warning advice necessary to the safe practise of Jodo
- 4: State the important points when holding the Jo in “Tsune-no-kamae”.

#### **Yondan candidates:**

- 1: Write what you know about *kokyu* (breath control) in Jodo.
- 2: What are *ma* and *maai*? Describe their application in one or two All Japan Kendo Federation Jodo kata.
- 3: What is important when teaching Jodo to beginners?
- 4: Discuss *reiho*: What does the word mean, why is it important in the dojo?